

# South Delta Kyokushin Karate Newsletter

February 2012



January 11, 2012 Sensei Les Nielsen passed away, with his wife and two daughters at his side.

Sensei Les will be remembered for teaching more than just Karate, but for teaching us to challenge ourselves everyday.

Osu

## Newton Tournament

🌀 **February 25th** @ Frank Hurt High School in Surrey.

🌀 Application forms are at the front desk.

🌀 Forms must be into Gwen no later than **February 16th**. No late entries.

🌀 Everyone is eligible to enter this tournament.

## Winter Camp

March 16, 17, & 18th

Your application forms are available on line on the Kyokushin web site, you should have your forms in already. This camp fills up fast.

## Next testing period will be in May.

🌀 Know your kata's up to and including your belt level.

🌀 Be prepared for more than your belt level.

🌀 Have you met all the requirements for Tournaments, Camps & Seminars?

## School Closures

February 25 ~ Newton Tourn. No classes

March 13 ~ no classes

March 17th ~ Spring Break  
back on April 3rd.

**Terminology Books ~ \$10.00 Sale**

**Mouth Guards ~ \$10.00**

**Dogi's (New Only) \$65.00 ~ \$100.00**

## Reminders:

All long hair should be tied back and off your face.

No Jewelry while training

Dogi's must be clean and all mended and pants hemmed.

Make sure all shoes, coats and personal belongings are on the stage.

If you are an orange belt and above, you must participate in one tournament per year. This is a belt test requirement. February tourn. & Canadian Tourn will be held in May. Before Testing period begins.

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## Test fees

\$20.00 ~ Kids Classes  
\$25.00 ~ Adult Classes

Gwen will be at the front desk during the kids classes only. Make sure your address and phone numbers are up to date.

## Visit our Web site:

[www.southdeltakyokushin.ca](http://www.southdeltakyokushin.ca)

Passwords: south & delta

