

South Delta Kyokushin Karate Newsletter

January 2009

Happy New Year!



Kick-a-thon winners

Hans DeHaas - over 16 years
Perrin Swanson - age 10 - 15 years
Genevieve Salahor - under 9 years

Thanks to all for participating. We raised approximately \$3,200 for the organization with the club getting 30% to invest in equipment, defray some travel costs for students participating in out of town tournaments and instruction material.

Vancouver Cup results

Maya Sato Klemm - 3rd place
Rachelle McDougall - 4th place
Teigan McDougall - 7th place
Competing & putting yourself in front of judges who are scoring your performance takes courage & a desire to be the best you can be. You should be proud of yourselves.

School Closures: January - none

Reminders:

The school Principal is very concerned about **anybody** going behind the black pillars on the stage. This is an area where the school stores some stage props & equipment. Please do not go behind these black pillars as we don't want to damage school property.

Tournament Schedule:

- Saturday February 28, 2009
22nd Annual Lower Mainland Coloured Belt Tournament, Newton, BC
- Saturday February 28, 2009 Calgary Cup, Calgary, AB

Orange Belts & above should be participating in a tournament yearly either as a volunteer or a fighter. Volunteers must be age 14 up.

Lesson of the Month

By the 18th century, different types of Te had developed in three different Okinawan villages - [Naha](#), [Shuri](#), and [Tomari](#). The styles were named Naha-te, Shuri-te, and Tomari-te, respectively. Practitioners from these three villages went on to develop modern karate.

Before Kyokushin Karate, Sosai Mas Oyama studied two karate styles: Shotokan & Goju-ryu. Shotokan was developed from Shuri-te while Goju-ryu had its origins in Naha-te. Shuri-te is a pre WW II term for a type of martial art indigenous to the area around Shuri, the old capital city of the Ryukyu Kingdom. Naha-te is similar to the above but in the area around Naha, the old commercial city in the Ryukyu Kingdom & now the capital city of the island of Okinawa.

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Sosai Mas Oyama

The founder of Kyokushin Karate was born on July 23, 1923 in Korea. In 1938, he traveled to Japan and began training in various martial arts disciplines such as Karate and Judo. Then, Mas Oyama subjected himself to the rigors of daily training in the mountains of the Chiba Prefecture in order to strengthen his body and his spirit. Returning to civilization, he demonstrated his amazing abilities by fighting bulls. His fame as a karate-ka spread rapidly as his feats were unparalleled and in 1954, he opened his first dojo in Tokyo. In 1966, the Tokyo Honbu (headquarters) was officially opened and the International Karate Organization (IKO) was established. Today, the Kyokushin-kaikan is one of the world's largest karate organizations with over 10 million members worldwide. Mas Oyama passed away April 26, 1994.

Kancho Shokei Matsui

Kancho started training Kyokushin Karate at age 13. In 1980, he placed fourth in the 12th All Japan Tournament when he was just 17. Both in 1981 and 1982, he took 3rd place in the All Japan Tournament. He succeeded in

winning the All Japan Championship in the consecutive years of 1985 and 1986 and then successfully completed the ultimate Kyokushin challenge, the "100 Man Kumite". In 1987, he became the Champion of the World. On April 26, 1994, Sosai Mas Oyama regrettably passed away leaving the Directorship of the worldwide organization to Matsui, who then became "Kancho" (Director).

Shihan Stuart Corrigan

Shihan Corrigan began training in Kyokushin Karate in March 1968 with the Richmond Kyokushin Karate Club. He is Branch Chief of the IKOK Canada, awarded by Sosai Mas Oyama January 27, 1984. His responsibilities for Kyokushin Karate in Canada are the Western & Central regions of the country. He is Head Instructor of the Richmond Kyokushin Karate Club, South Arm Dojo. Shihan Stuart has traveled extensively throughout the world training, competing, officiating and conducting IKO Officiating Seminars. He competed in the 14th All Japan Championship and the 3rd World Tournament in Tokyo. Shihan has the distinction of being the only non-Japanese North American, with the exception of Shihan Lowe, who has trained extensively with Sosai Oyama. Shihan Stuart is also a Battalion Chief with the Richmond Fire Department with responsibility for fire response & fire fighter training.

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Student's name

A prize is available for one student in the kid's class.

- complete the following quiz with all questions correct to be eligible to go into a draw. The draw takes place on Jan 20th.

1) What is the stance used in Kata Ichi and Kata Ni?

2) What are the Japanese words for high, middle, & low?

3) What were the Katas performed in the Vancouver Cup Tournament?

By Maya _____

By Rachelle _____

By Teigen _____

4) When and where is the Newton Tournament?

5) Who succeeded Mas Oyama as head of the Kyokushin-kaikan?

6) Who is the Branch Chief in Kyokushin Karate for Western & Central Canada?

7) What 2 styles of Karate did Mas Oyama study?

8) What 2 villages in Okinawa did the above styles of karate develop?
