



SOUTH DELTA KYOKUSHIN KARATE

March, 2014

-NEWSLETTER-



27th Coloured Belt Tournament February 22/14

Continuous Non - Contact:

70 lbs and under

Cole Beauchamp	- First place
Matthew Fischer	- Second place
Caleb Naysmith	-Second place
Jeramie Hein	-Third place
Olivia Ramlu	-Third place

71 to 91 lbs - White / Orange

Nathan Spencer	-First place
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71 to 91 lbs - Blue & Above

Sebastian Saddul	-First place
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91 - 110 lbs

Ethan Spencer	-Second place
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12 & Under Knockdown:

Matthew Fischer	-Second place
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15-16 Coloured Belts Girls:

Amber Fidyk	-Second place
Victoria Knoblauch	-Third place

Canadian Championship

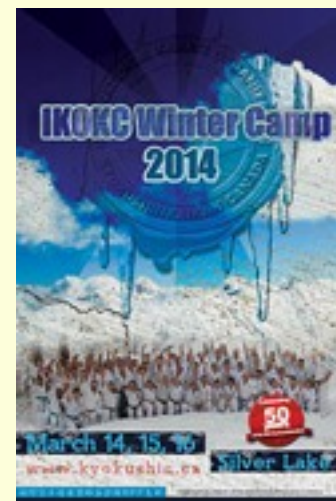


May 3, 2014

B.C.I.T. in Burnaby, B.C.

Winter Camp

"SOLD OUT"



Congratulations to all of the South Delta Competitors!



Everyone did GREAT! You all know what is expected in a tournament and now your training will have even more meaning to you. Very Proud of all of you.



~Lesson of the Month~

DOJO KUN

⊕ We will train our hearts and bodies for a firm unshaken spirit.

⊕ We will pursue the true meaning of the Martial Way, so that in time our senses may be alert.

⊕ With true vigour, we will seek to cultivate a spirit of self-denial.

⊕ We will observe the rules of courtesy, respect our superiors and refrain from violence.

⊕ We will follow our religious principles and never forget the true virtues of humility.

⊕ We will look upwards to wisdom and strength, not seeking other desires.

⊕ All our lives, through the discipline of karate, we will seek to fulfill the true meaning of the Kyokushin Way.



Calling for Volunteers

If you are able to Volunteer for the Canadian Championships, it would be greatly appreciated.

Please contact Sempai
Kathy Miller
604 274 5976
or
ikm@shaw.ca

Please state that you are from the South Delta Dojo.

This is one of the largest Tournaments that Kyokushin Karate put together. Help is needed in several areas. If you have experience at one of these tournaments, let Kathy know.

South Delta is also looking for help with putting the lunch for the Officials as well.

You can let Sensei Mike know if you can help with organizing the lunch.

604 946 1709

Karate Closures

March 11, 2014

Tuesday ~ School using the gym

March 17 to 22

Spring Break ~ One week only

April 8, 2014

Tuesday ~ School using the gym

April 19, 2014

Saturday ~ Easter Weekend

May 3, 2014

Saturday ~ Canadian Tournament

May 17, 2014

May 17 ~ School using the gym.

*Please follow up with Gwen. Things can



Which of these symbols belong to Kyokushin Karate ?

If you know the answer and what they mean; enter your name with the correct answers and we will draw for a Karate T - Shirt.



OPEN TO THE FAMILY CLASS