



SOUTH DELTA KYOKUSHIN KARATE

MAY & JUNE 2013

30th Annual Canadian

Championships was held on May 4th at the B.C.I.T. gym.

South Delta did a great job winning medals!

CONGRATULATIONS TO ALL

TESTING:

Last testing period of the year.

May 21 Tuesday

May 23 Thursday ~ No Adult Class Only
(Kids Yes)

Kids class will have a pre test the week of May
14 to 16th

No Saturday class on the 18th!

Read your Hand book as most of the testing will
be out of this book. You need to know
everything leading up to and including the kyu
you are testing for.

Testing Fee:

\$25.00 for Kids class (payable on test night)

\$30.00 for Adult class



Sebastian Saddul
3rd place



Nathan Spencer
1st place



Sebastian in the White Helmet, with a nice
high kick!



Nathan Spencer in the White
Helmet, hands up and high kicks!



Eli Gersjes ready for Kata.



Rob Sonnenberg, corner
Judge during the
tournament.



Stephanie Nicholls competing in Kata

School Closures:

June 11 * June 13 *

Please note the above dates.

We will train outside on these two dates weather permitting.

Please bring your running shoes. Yes wear your dogi's. If it is cold wear a sweat shirt under your dogi.

The school is using the gym, but we will train outside. Parking will be tight.

Summer Camp



SUMMER CAMP REGISTRATION IS ONLINE.
THIS EVENT FILLS UP FAST.

Camping at it's best just outside Vernon, B.C.

Make sure you have at least two dogi's. Order them now before the end of June to make sure we have your size. We will not be able to get them after June

Summer Camp is open to families and all Student levels are welcome. Some restrictions apply. See Gwen for more details.

Next Year Sign Up

If you are planning on returning next year, please sign up and pay your Registration fee \$40.00

This is for all returning students.

New students will pay \$60.00 registration.

Then in September you will just hand in your post dated cheques from Sept. 1st to June 1st.

Wrap Up Party

June 20th
6:00 pm

Please sign up at the front desk, if you are coming and what you would like to bring.

Sign Up sheet will be out on the front desk by Gwen

Family & Friends are welcome to attend, however we do need to know the number attending.

Wrap Up Party will start at 6pm for all classes. There will be a short class with demonstrations. Parents can see what their students have learned over this past year.



Stephanie Nicholls: second place.
Kanchō Shokei Matsui from Japan,
Shihan André Gilbert from Montreal & Shihan Gorai from New York



Stephanie Nicholls, wearing the red helmet, in Non Contact kumite.



Victoria Knoblauch second place. Kanchō Matsui Head of Kyokushin Karate. Shihan André Gilbert from Montreal & Shihan Gorai from New York