



SOUTH DELTA KYOKUSHIN KARATE



SENSEI GREG, SEMPAI SCOTT AND SEMPAI ROB ALL TESTED AT SUMMER CAMP 2013 ALL ACHIEVING THEIR GOALS!

South Delta's Black Belts at Summer Camp

Summer Camp was held at the Riverside Hall in Ashton Creek, B.C. Just outside Enderby. August 2, 3, 4 & 5th. This annual events keeps getting larger and larger as the knowledge, skills, training, fun and experiences are taken to a higher level every year. More and more students are attending Summer Camp as a way to gain more out of karate and what karate has to offer. Check out the web page. Kyokushin.ca



SEMPAI ROB BEING AWARDED HIS 1ST DAN



SEMPAI SCOTT



SENSEI GREG READY FOR KUMITE

Reminders

Everyone entering the Dojo (Gym), must take off their shoes. This is a sign of respect for your training dojo and for your instructors as well as other students.

The entrance into the Dojo must be kept clear at all times, for Safety reasons. The school has others using the school and all entrances must be kept clear. Take your belongings to the stage.

Parents and guest are always welcome to stay and watch. However, the coming and going must be kept to a minimum and always walk along the west side. Never in front of the class or through the class.

Small children are not to wander or play on the stage or behind the stage. No loud talking or distractions. Thank you.

Welcome Back !

Welcome back to all our returning Students. And a Big Hello to all our New Students this year. Hope that everyone enjoyed their Summer Vacation and are ready to get back into training and having a great Karate Year.

Registration

Karate starts on September 3 at 6:30 for kids class and 7:30 for the Adult class

Thursday will be the same time.

Saturday classes will start in September 14 with our Family classes starting at 9:30am to 10:30am. Adults will start at 10:35am and go to 12:00 noon.

Registration fee: \$ 60.00 (new students)

Returning students \$40.00

Monthly dues:

Family classes \$35.00 (**NEW**)

Students in Adult class \$40.00

Adults class \$45.00

New this year, is our family class. Parents can now register, test and do the class with their child. See Gwen for more info.

Please have your post dated cheques filled out at home and bring to the first class. This is very much appreciated.

(**One Months notice to cancel**)

Kick a thon

This is our only fun raiser and we will be holding this event in October. All Kyokushin Karate Clubs from B.C. to Alberta will be required to participate. This is a fun event and South Delta Kyokushin Karate is always up for the challenge.

You will be given pledge forms early in October to collect pledges and then near the end of the month we will be holding a kick a thon. See how many kicks you can do in 5 mins. Win prizes and see if our club can beat the other clubs!

Orange Belts and Above

All Orange Belts and above must participate in one tournament per year. This is for your next grading. In order to pass your next belt test, you must participate in one tournament. This can be by entering the tournament, volunteering to help with the tournament or as a spectator, to show support for your dojo. See your Sensei for more details.

Testing

Belt testing is done twice a year only. Once in November and again in May.

Testing fees: Kids \$20.00
Adults \$25.00

